

LET US HELP

Visit your home page starting April 18th

WEBSITE: [www.mygroup.com](http://www.mygroup.com) >

My Portal Login > Work-Life

USERNAME: organization specific

PASSWORD: guest

YOUR EMPLOYEE ASSISTANCE PROGRAM

ALWAYS AVAILABLE | FREE | CONFIDENTIAL

ONLINE SEMINAR

In this session, we will explore the steps towards greener living and how to guide our family to living more sustainably. We can help you connect intentions with actions for better mental wellbeing.

Logo, company name

Description automatically generated

**Guiding Your Family to Greener Living**

**APRIL 2023**