

APRIL 2023

Guiding Your Family to Greener Living

ONLINE SEMINAR

In this session, we will explore the steps towards greener living and how to guide our family to living more sustainably. We can help you connect intentions with actions for better mental wellbeing.

LET US HELP

Visit your home page starting April 18th

WEBSITE: www.mygroup.com >

My Portal Login > Work-Life

USERNAME: organization specific

PASSWORD: guest

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YOUR EMPLOYEE ASSISTANCE PROGRAM