



**The new developmental milestones**

Parents must decide when their child is ready for things like cell phones   
and Facebook, or whether they are mature enough to stay home alone.

Your Employee Assistance Program can help with:

* Articles on digital grounding, cyberbullying,   
  and online socializing
* Audio on keeping kids safe
* Legal information on kids and credit
* Home Safety Checklist for Families

**CALL OR VISIT US ONLINE**

TOLL-FREE: **800-633-3353**

**www.mygroup.com**

USERNAME: **company specific**

PASSWORD: **guest**

Available anytime, any day, your Employee Assistance   
Program is a free, confidential program to help   
you balance your work, family, and personal life.

EMPLOYEE **Assistance** PROGRAM

**AUG. 2018**