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STAGES

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## The new developmental milestones

Parents must decide when their child is ready for things like cell phones and Facebook, or whether they are mature enough to stay home alone.

Your Employee Assistance Program can help with:

- Articles on digital grounding, cyberbullying, and online socializing
- Audio on keeping kids safe
- Legal information on kids and credit
- Home Safety Checklist for Families

### CALL OR VISIT US ONLINE

TOLL-FREE: 800-633-3353

[www.mygroup.com](http://www.mygroup.com)

USERNAME: **company specific**

PASSWORD: **guest**

Available anytime, any day, your Employee Assistance Program is a free, confidential program to help you balance your work, family, and personal life.

