

The new developmental milestones

Is it time to let my child have a cell phone? Take care of herself after school? Have his own Instagram account? Parents today have more to worry about than when to get a child their first bike or have their first sleepover. Your Employee Assistance Program is there 24/7 with information and resources   
to help you decide when your child is ready to take the next step.

**ONLINE SEMINAR**

Technology and Keeping Your Kids Safe

The seminar touches on the risks facing children online.   
You’ll learn helpful tips, from where to locate the computer in   
the home to available parental computer monitoring programs.

**Visit your home page starting Aug. 21st:**

**www.mygroup.com**

USERNAME: **company specific**

PASSWORD: **guest**

TOLL-FREE: **800-633-3353**

Available anytime, any day, your Employee Assistance   
Program is a free, confidential program to help   
you balance your work, family, and personal life.

EMPLOYEE **Assistance** PROGRAM

**AUG. 2018**

