

**DECEMBER 2021**

**YOUR STUDENT**

**ASSISTANCE PROGRAM**

LET US HELP

TOLL-FREE: 800-633-3353

WEBSITE: [www.mygroup.com](http://www.mygroup.com) > My Portal Login > Work-Life

USERNAME: organization specific

PASSWORD: guest

Make Time, Make a Difference

Have a good time doing good

Even small actions can have large positive benefits.
Think about volunteering, learning new skills, or continuing your education.
We can help.

Always Available | Free | Confidential