

DECEMBER 2020



Know Your Strengths

ONLINE SEMINAR

Do you know your top strengths? Being confident in knowing what you are good at helps you approach situations with a strengths mindset, enabling you to respond more creatively to challenges.

Visit your home page starting December 15th

TOLL-FREE: 800-633-3353

WEBSITE: mygroup.com > My Portal Login > Work-Life

USERNAME: organization specific

PASSWORD: guest

WHATEVER YOU NEED, WE ARE HERE TO HELP.

Just call or log on to get started.

Your Employee Assistance Program is there 24/7 with information and resources to help you work better, together.