

Eating Disorder Awareness Week

February 26th- March 3rd, 2024



Eating Disorder Awareness Week (EDAW) is an annual campaign to educate the public about eating disorders and to engage in efforts to provide hope and support for individuals and families affected by eating disorders.

- Approximately 80% of individuals with eating disorders are female.
- People between the ages of 14-25 are the most affected.
- Both men and women from all walks of life can be affected by an eating disorder.
- If you suspect you or someone close to you is suffering from an eating disorder, please take action and seek professional guidance as soon as possible.

<https://anad.org/eating-disorder-statistic/>

ALWAYS AVAILABLE. ALWAYS CONFIDENTIAL.



TOLL-FREE: **800-633-3353**
WEBSITE: **WWW.MYGROUP.COM**
ANAD HELPLINE: **888-375-7767**
WEBSITE: **WWW.ANAD.ORG**