

**YOUR EMPLOYEE**

**ASSISTANCE PROGRAM**

**FEBRUARY 2021**

Goals to Move Forward

Set proactive goals for a successful year

Goal setting can help you in your personal life, with your family, and in your community. Let us help you, today!

LET US HELP

TOLL-FREE: 800-633-3353

WEBSITE: [www.mygroup.com](http://www.mygroup.com) > My Portal Login > Work-Life

USERNAME: organization specific

PASSWORD: guest

Always Available | Free | Confidential

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