

TOLL-FREE: **800-633-3353**

WEBSITE: **www.mygroup.com > My Portal Login > Work-Life**

USERNAME:**company specific**

PASSWORD:**guest**

Your Employee Assistance Program is there 24/7 with
information and resources to help you work better, together.

This session focuses on seeing destructive patterns in our relationships and how we
can alter our approach to make those relationships work for us.

**ONLINE SEMINAR**

Being able to build supportive relationships
is half the battle. Often the key to our success lies not so much in our subject matter expertise, but in how we get our relationships to work for us. Healthy workplace relationships not only make our work enjoyable, they make our work better.

**Building Positive Relationships
at Work**



January

**WHATEVER YOU NEED,**

**WE ARE HERE TO HELP.**

***Just call or log on to get started.***

**Visit your home page starting January 15th:**