

**Visit your home page starting January 21st**

**TOLL-FREE: 800-633-3353**

**WEBSITE: www.mygroup.com**

**USERNAME: member specific**

**PASSWORD: guest**

**WHATEVER YOU NEED, WE ARE HERE TO HELP.***Just call or log on to get started.*

**ONLINE SEMINAR**

Just like a regular health checkup, this session will walk you through a "financial checkup," guiding you through the necessary steps to examine your finances.

**Your Financial Checkup**

Your Member Assistance Program is there 24/7 with
information and resources to help you work better, together.



**JANUARY 2020**