

JUNE 2020



## Say What You Mean the Right Way

### ONLINE SEMINAR

Have you ever been misunderstood? In this session, we will identify barriers to clear communication as well as discuss how to apply tips for effective communication and dealing with difficult conflict.

Visit your home page starting June 16th

TOLL-FREE: 800-633-3353

WEBSITE: [www.mygroup.com](http://www.mygroup.com) > My Portal Login > Work-Life

USERNAME: organization specific

PASSWORD: guest

**WHATEVER YOU NEED, WE ARE HERE TO HELP.**

*Just call or log on to get started.*

Your Employee Assistance Program is there 24/7 with information and resources to help you work better, together.