

MARCH 2020



Planning for Professional Growth

ONLINE SEMINAR

Professional growth and success don't just happen by chance. In this session, we will discuss the four stages of professional careers and provide you with tools to develop a self-assessment plan that can lead to your career growth.

Visit your home page starting March 17th

TOLL-FREE: 800-633-3353

WEBSITE: www.mygroup.com > My Portal Login > Work-Life

USERNAME: company specific

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WHATEVER YOU NEED, WE ARE HERE TO HELP.

Just call or log on to get started.

Your Employee Assistance Program is there 24/7 with information and resources to help you work better, together.