

TOLL-FREE:

**800-633-3353**

WEBSITE:

[**www.mygroup.com**](http://www.mygroup.com) **> My Portal login > Work-Life**

USERNAME:

**organization specific**

PASSWORD:

**guest**

This session will explore verbal and non-verbal communication and help participants understand how their behavior may be interpreted by others, helping to grow   
positive and effective working relationships.

An ability to interact with others in an appropriate way is essential for success.   
Yet, a growing reliance on digital communication in the modern workplace has made emails the medium of choice for every day interactions, and this has impacted upon the way that we naturally interact, slowly diminishing our chance to develop our interpersonal skills.

Your Employee Assistance Program can help you,   
24/7, with communication and social skills for   
the workplace and in the home.

**ONLINE SEMINAR**

**Interpersonal Communication - Social Skills   
for Success**



March

**WHATEVER YOU NEED,**

**WE ARE HERE TO HELP.**

***Just call or log on to get started.***

**Visit your home page starting March 19th:**