

*talking*  
**together**



**FAMILY CONVERSATIONS**  
**about aging**

Talking with your aging family members about becoming less independent, needing care, and how to pay for it can be difficult, but it's best to start before the need arises. Learn ways to approach these topics as a family.

Your Employee Assistance Program can help with:

- Articles on aging, caregiving, and communication
- Audio on talking with parents about their finances
- Provider searches for community resources for the elderly
- Information on wills and trusts

**CALL OR VISIT US ONLINE**

TOLL-FREE: **800-633-3353**

**www.mygroup.com > My Portal Login > Work-Life**

**USERNAME: company specific**

**PASSWORD: guest**

Available anytime, any day, your Employee Assistance Program is a free, confidential program to help you balance your work, family, and personal life.



**MYgroup**

McLAUGHLIN YOUNG