

Talking to aging parents

and relatives about sensitive

issues like their need for

personal care or when to stop

driving can be difficult for everyone

involved. Your Employee Assistance Program

is available anytime, any day with help on how to approach

these conversations, when to have them, and who should be involved.

**ONLINE SEMINAR**

Caring for Aging Relatives

Older relatives may require more care than family or neighbors can provide.
This seminar is a helpful first step to determine what kind of care is needed.

**Visit your home page starting Nov. 20th:**

[**www.mygroup.com**](http://www.mygroup.com/) **> My Portal Login > Work-Life**

USERNAME: **company specific**

PASSWORD: **guest**

TOLL-FREE: **800-633-3353**

Available anytime, any day, your Employee Assistance Program is a free,
confidential program to help you balance your work, family, and personal life.



EMPLOYEE **assistance** PROGRAM

**NOV. 2018**