

Navigating Your Holiday

ONLINE SEMINAR

Having successful holidays

Learn some effective ways to plan, organize, and make the most of your holiday.

OCTOBER 2022

Logo, company name

Description automatically generated

LET US HELP

Visit your home page starting Oct. 18th

WEBSITE: [www.mygroup.com](http://www.mygroup.com) >

My Portal Login > Work-Life

USERNAME: organization specific

PASSWORD: guest

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YOUR EMPLOYEE ASSISTANCE PROGRAM