

Navigating Your Holiday

ONLINE SEMINAR

Having successful holidays

Learn some effective ways to plan, organize, and make the most of your holiday.

LET US HELP

Visit your home page starting Oct. 18th

WEBSITE: www.mygroup.com >

My Portal Login > Work-Life

USERNAME: organization specific

PASSWORD: guest

Always Available | Free | Confidential

OCTOBER 2022



YOUR EMPLOYEE ASSISTANCE PROGRAM

